

Words of Reflection

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We use big words to convey messages
Many are understandable and clear
Others may be symbolic and unusual
We react with a frown, smirk and sneer

Pivot, deep dive, off-line are some
Unpack, reach out, and circle back
Self-care, untangle, nourish and space
The boundaries and limits, on track

The world is changing, words are new
The message is confusing, it's a test
The language and words will come and go
But for now, give it all, do your best

Reflect, honor and evaluate your day
Navigate, journey, process your place

Deflect, project, and adapt to the change
You're great, and passing, you're an ace

Keep up the energy, the revamp is here
Everyone is adjusting to anew
From school to meetings, or on the street
This messaging needs a fresh view

Be gentle, reframe and look at yourself
Confide, accommodate and be fluid
Maintain the agenda, speak your mind
Use words that are right and well-suited

A new time will come, optics will alter
As challenges will definitely grow
Re-imagine life and adapt to change
It's the best for the future, we all know

Explore, be accountable and authentic
Be transparent, your true self and just
Hold space, be dope, change directions
In reality, this lingo's for us

So, get the ball rolling, find a new lens
Stay engaged and be humble
Don't get cancelled, watch your landing
And practice these words, don't mumble

