

In Words There is Health

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POETRY

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There was a term that came to be
It made us feel, think and act awkwardly

"Social distancing" was the name first devised
But, it just felt wrong to be publicized

It seemed we were locked in a personal bubble
The threat of COVID-19, the mask-wearing struggle

We strived to support and nurture each other
In our attempt to emotionally recover

"Physical distancing," the subsequent name
Was a dubious term in this word game

Both names made people scatter, and fret
The situation compelled a better term, yet

It required a theme that had meaning and purpose

For sure, not a phrase that could emotionally hurt us

We needed a term that put reason with a goal
That gave people rights, a unique special role

A chance to be responsible for both you and me
While being mindful of others to act healthfully

The term, "healthy distancing" is what we propose
It may catch on, albeit, who knows

To conjure up care, love, concern, and respect
Compassion, protection, the ideal effect

To signal positivity and offer anew
A chance to recover for those anxious and blue

A term less prescriptive, more realistic and fair
Perhaps, more accepted for us all to bear

People may shudder and be confused, for sure
Yet, some may accept it, as it has some allure

In words there is health, so let's adopt what is best "Healthy
distancing" is the term, we politely request.

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